

Massages Spa Ahemon

Reflex-zones massage / Feet reflexology (45 min)

Reflex point massage on face, hands and feet, or specifically on the feet.

Ayurvedic massage (45 min)

Energetic and rejuvenating massage, traditional from India, in which the entire body is worked with warm oils, from head to toe. Activates the metabolism helping to maintain balance between body, mind and spirit.

Aromatherapy (45 min)

Relaxing full body massage with essential oils.

Circulatory– drainage massage (45 min)

Drainage massage and activation of peripheral venous circulation.

Cranio – sacral massage (45 min)

It releases and reorganizes the face and skull muscles tension. It also promotes emotional balance, acting on the nervous and hormonal system.

Decontracting massage (45 min)

Deep massage to reduce and release muscle tension in specific areas.

Classic massage (45 min)

Relaxing full body massage, for the mobilization of muscle and fascial tissues and the regulation of the nervous system.

Price: 65€ (45 min)